

# St. Odilia

## Preschool Lunch

October  
2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p>Hamburger on a Bun</p> <p>Golden French Fries Romaine Lettuce</p> <p>Diced Pears 1% Milk</p>	<p><b>4</b></p> <p>Crispy Chicken Tenders Whole Grain Dinner Roll</p> <p>Steamed Corn Steamed Carrots</p> <p>Cantaloupe 1% Milk</p>	<p><b>5</b></p> <p>Soft Beef Tacos</p> <p>Lettuce, Tomato and Cheese Cherry Tomato Cucumber Slices</p> <p>Fresh Orange 1% Milk Chocolate Chip Cookie</p>	<p><b>6</b></p> <p>Pasta with Meat Sauce Garlic Toast</p> <p>Roasted Cauliflower Caesar Side Salad</p> <p>Banana 1% Milk</p>	<p><b>7</b></p> <p>Cheese Pizza</p> <p>Cherry Tomato Celery Sticks</p> <p>Pineapple Tidbits 1% Milk</p>
<p><b>10</b></p> <p>Beef Hotdog on a Bun</p> <p>Tater Tots Cucumber Slices</p> <p>Apple Slices 1% Milk</p>	<p><b>11</b></p> <p>Cheese Quesadilla</p> <p>Broccoli Florets Romaine Lettuce Salsa</p> <p>Fresh Pineapple 1% Milk Mini Rice Krispie Treat</p>	<p><b>12</b></p> <p>Popcorn Chicken Whole Grain Dinner Roll</p> <p>Mashed Potatoes Steamed Corn</p> <p>Diced Peaches 1% Milk</p>	<p><b>13</b></p> <p>Cheeseburger on a Bun</p> <p>Sweet Potato Fries Cucumber Slices</p> <p>Sample German Potato Salad</p> <p>Mixed Canned Fruit 1% Milk</p>	<p><b>14</b></p> <p>Cheesy Italian Flatbread</p> <p>Steamed Green Beans</p> <p>Maple Roasted Apples &amp; Carrots Sample cups Cucumber Slices</p> <p>Diced Pears 1% Milk</p>
<p><b>17</b></p> <p>Crispy Chicken Sandwich</p> <p>Tater Tots Baby Carrots</p> <p>Broccoli Salad Sample Cup</p> <p>Fresh Orange 1% Milk</p>	<p><b>18</b></p> <p>Pasta with Meat Sauce Garlic Toast</p> <p>Roasted Cauliflower Salad</p> <p>Cantaloupe 1% Milk</p>	<p><b>19</b></p> <p>Closed</p> <p>Teacher Training</p>	<p><b>20</b></p> <p>Crispy Chicken Wrap Munchable 4 Chicken Nuggets, Go Gurt 6" WW Tortilla</p> <p>Cucumber Slices</p> <p>Sliced Peaches 1% Milk</p>	<p><b>21</b></p> <p>Cheese Pizza</p> <p>Green Beans Baby Carrots</p> <p>Applesauce 1% Milk</p>
<p><b>24</b></p> <p>Macaroni &amp; Cheese Whole Grain Dinner Roll</p> <p>Steamed Green Beans Apple Sauce</p>	<p><b>25</b></p> <p>Grilled Ham &amp; Cheese Sandwich</p> <p>Golden French Fries</p> <p>Broccoli Florets</p> <p>Pineapple Tidbits 1% Milk</p>	<p><b>26</b></p> <p>Pancakes Sausage Patty</p> <p>Breakfast Potatoes Baby Carrots</p> <p>Banana 1% Milk</p>	<p><b>27</b></p> <p>Beef Hotdog on a Bun</p> <p>Tater Tots</p> <p>Broccoli Florets</p> <p>Pineapple Tidbits 1% Milk</p>	<p><b>28</b></p> <p>Cheese Pizza</p> <p>Cucumber Slices</p> <p>Sliced Peaches 1% Milk</p>
<p><b>31</b></p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Steamed Corn Baby Carrots Lettuce Romaine Mix</p> <p>Sliced Pears 1% Milk</p>				

PRICES

EXTRA INFO

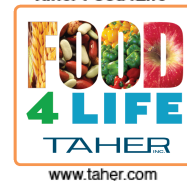
!% Milk is included with Lunch  
For questions or comments please  
contact your Foods Service Director, Sharon  
Thompson at cafeteria@stodilia.org or by  
calling (651) 415-3355.

HARVEST OF



THE MONTH

Menus and nutrition  
our app  
Taher Food4Life®



www.taher.com