














St. Odilia Community Resources for Seniors

Assistance & Information Services	<ul style="list-style-type: none"> 🎬 First Call for Help—651-291-0211 🎬 Senior Linkage Line—800-333-2433 🎬 Elder Care Locator—800-677-1116 🎬 St Odilia Community Programs of Support—In church Kiosk
Activities & Exercise	<ul style="list-style-type: none"> 🎬 Roseville—651-604-3500 🎬 Shoreview—651-490-4750
Adult Day Care	<ul style="list-style-type: none"> 🎬 Adult Day Services Association—763-464-2698
Blood Pressure Screening	<ul style="list-style-type: none"> 🎬 Roseville Fairview Community Center: Thursdays 10:00-11:30 🎬 Roseville Fire Dept. Dale St. & Hgwy. 36: Daily 1:00-6:00 p.m. 🎬 St. Odilia Sarah's Table: 2nd. Wednesday of the month 11:00-12:30
Care Giver Support/ Case Management	<ul style="list-style-type: none"> 🎬 Roseville Service Coordinator—651-604-3528 (Finds resources, discuss & problem solve on health, safety and housing issues) Roseville Sr. Program: 2nd & 4th Tuesdays 12:30-2:00 🎬 Catholic Charities—651-222-3001 🎬 Elder Care Partners Caregiver Support—651-234-2262
Fellowship	<ul style="list-style-type: none"> 🎬 Vadnais Heights Hi-Lites—651-204-6000 🎬 Roseville Community Center—651-604-3520 🎬 Shoreview Community Center—651-490-4700
Financial	<ul style="list-style-type: none"> 🎬 Energy Assistance—651-645-6470 🎬 Federal Veterans Benefits—800-827-1000

<p>Financial (con't)</p>	<ul style="list-style-type: none"> 🎬 Food Support (Food Stamps)—651-266-4444 🎬 Minnesota Supplemental Assistance—651-266-4444 🎬 Protective Services—612-676-6300 🎬 Ramsey County Veterans Services—651-266-8489 🎬 Rental Assistance Public Housing—651-298-5158 🎬 Section 8 Rent Assist (Metro HRA)—651-296-7618 🎬 Social Security—800-772-1213 🎬 Supplemental Security Income—800-772-1213
<p>Handyman/ Chore Services</p>	<ul style="list-style-type: none"> 🎬 Senior Chore Services Shoreview—651-379-3451 Roseville—651-604-3528 🎬 Northwest Youth & Family Services—651-486-3808 🎬 The Care Crew—763-784-2097 Assistance with home repairs, yard work, rides or personal assistance 🎬 Hearts and Hammers—Twin Cities Inc.—952-922-2451 🎬 Paint-A-Thon—612-721-8687
<p>Hospice</p>	<ul style="list-style-type: none"> 🎬 St. Terese at St. Odilia—651-842-6780
<p>Home Care</p>	<ul style="list-style-type: none"> 🎬 Help from the Heart—651-429-9571 🎬 No Place like Home—651-635-0607
<p>Home Parking</p>	<ul style="list-style-type: none"> 🎬 Many hospitals offer free or reduced parking—please check at the Welcome desk for more information.

<p>Housing</p>	<ul style="list-style-type: none"> 📞 Housing Line—612-522-2500 📞 Catholic Senior Services—877-420-6461
<p>Long-Term Care</p>	<ul style="list-style-type: none"> 📞 Long-term care consultation—651-266-3613
<p>Moving</p>	<ul style="list-style-type: none"> 📞 Choice Connections—763-355-9646 Free senior housing & consulting service 📞 Senior Moves—651-646-5785 📞 Gentle Transitions—651-224-0335 Coordinate all arrangements, pack, unpack, resettle, sort, organize
<p>Nutrition</p>	<ul style="list-style-type: none"> 📞 Flaming Spoon—Fairview Community Center—651-604-3518 📞 Meals on Wheels Roseville—651-604-3524 Shoreview—651-621-7431 📞 Store to Door—651-642-1892 Groceries from Cub 2x/month 📞 Schwans—1-888-724-9267 📞 Food Helpline—888-746-8200 By Presbyterian Homes and Services 📞 Keystone Foodshelf (Roseville site) 651-487-2792 📞 Food Support (Food Stamps) 651-266-4444 📞 Creative Senior Dining (home delivered meals) 651-746-8200 www.creativeseniordining.org

<p>Rebuilding Together Twin Cities</p>	<ul style="list-style-type: none">  Rebuilding Together Twin Cities—651-776-4273 Safe at Home program provides no cost, small scale home safety, and accessibility modifications for low income homeowner who are older adults (55) living with a disability or caring for a loved one with a disability
<p>Transportation</p>	<ul style="list-style-type: none">  American Cancer Society— 1-800-227-2345 (Chemo & radiation treatments—5 days notice needed)  Metro Mobility—651-602-1111  Roseville—651-604-3528 Monday-Friday (Rides for shopping, banking, local medical appts—\$13.00 donation)  Shoreview Care A Van—651-639-6020  Shuttle Bug Service Roseville Area—651-604-3535 \$3.00 each way
<p>Vision Loss</p>	<ul style="list-style-type: none">  State Services for the Blind—651-642-0500 Services include equipment, taped books, & radio-reading services  Vision Loss Resources—651-224-7662 Offers in home low vision assessments, individual classes, volunteers and support groups
<p>Miscellaneous</p>	<ul style="list-style-type: none">  Deaf & Hard of Hearing Services—651-297-1316  Disability Linkage—866-333-2466  Handicapped Sticker for Vehicle—651-296-6911  Grief Counseling Fairview Community Center—651-604-3520 New Attitudes for Seniors 1st. Monday/month at 1:00 p.m.

	 Metro Center for Independent Living—651-646-8342
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